

When Home Care Services May Be Appropriate

Safety

- An elderly senior wishes to remain at home but needs some extra help with meals and daily tasks in order to remain healthy and safe
- A senior is losing his or her eyesight, has lost a driver's license and would like transportation, assistance with daily tasks and assistance with safety and tips to make living at home more comfortable

Return Home from the Hospital, a Nursing or Rehab Facility

- A person is being discharged from the hospital or a skilled nursing or rehabilitation facility and requires transportation home and assistance with picking up medications, grocery shopping, making meals and tidying up
- Care is needed in the 72-hour period between hospital discharge and when a home health nurse is scheduled to start services and provide some assistance
- A person is recovering after a stroke
- A person is recovering after a heart attack or heart surgery
- A person is returning home after an injury or an illness

Death of a Spouse or Caregiving Family Member

- A caregiving spouse has died and the family needs a temporary or long-term care solution for the person for whom care was provided
- A caregiver is needed during the funeral service so all the family can attend
- A frail senior has lost a spouse recently and is unused to living at home alone and could benefit from companionship, and/or help with meals, transportation and housework



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Education and Help Managing Chronic Disease Symptoms

- Parkinson's as well as many other chronic, debilitating conditions
- Diabetes
- COPD
- Alzheimer's/dementia
- Multiple sclerosis

Increasing Frailty

- A senior lives alone and is becoming increasingly frail and the family is concerned about safety
- A senior is recovering from hip surgery and is prone to another fall

Recovering from Illness, Cancer or Surgery

- A person is recovering from an acute illness and requires extra care during recovery
- A person needs some extra help at home to assist while recuperating from chemotherapy treatments
- A person is homebound after elective surgery

Caregiver Requires Some Time off from Caregiving

- A family caregiver would like some assistance with care in order to get some respite from the demanding care needs being provided
- A family caregiver needs some assistance in order to go to work
- A caregiver is needed during a family vacation (some agencies offer care during travel, or even travel assistance/accompaniment)

For more information on how a home care agency can assist, call **Visiting Angels** at **(408) 735-0977**.